



Cambridge Heritage Research Centre

Panel Discussion: Heritage & Wellbeing

What happens when people who have been prevented from engaging with heritage gain access again? The Covid lockdown prevented people from engaging in a range of social and cultural activities that they used to be involved with, in turn when lockdown eased people regained access to such resources and such ways of expressing their interests and connections to wider society. In this talk, we share how the project '[Places of Joy](#)' used the opening up period as a time that, arguably, highlighted people's awareness of heritage places as something they had missed. We share our preliminary findings of what needs and desires heritage visits may connect to based on the data collected from visitors at several heritage places during the 'opening-up' period. The panel will reflect on the increased interest in learning more about whether, and how, heritage sites contribute to wellbeing and resilience and discuss what future research is needed.

Image: Stansted Park Credit: S.J. Cocks

PANELLISTS:

*Prof. Jo Sofaer
(University of Southampton)*

*Prof. Marie Louise Stig Sørensen
(University of Cambridge)*

*Dr Eirini Gallou
(Historic England)*

*Prof. David Uzzell
(University of Surrey)*

Thursday 5 November, 1pm

To receive a link to this event please register at: <https://tinyurl.com/y2beeo7x>